

# WOMEN OF COLOR PROCESS GROUP

In this WOC process group, members can expect to increase their self-awareness of unexamined patterns and explore new ways of being and communicating that feel more authentic. Members will have the opportunity to explore narratives, thoughts, and emotions associated with the shared affinity of being a woman of color. **The space is intended to offer opportunities for identity affirmation, woman solidarity, and racial healing.**

This group will be co-facilitated by two women of color therapists. We recognize the intersectionality and diversity of experiences as women of color, value inclusivity, and welcome all cultures, backgrounds, and life experiences.

**Wednesdays 3:00pm - 4:15pm CST via Zoom**

\$60 per session. Cigna, BCBS and Aetna accepted. Sliding fee available.

If you are interested in joining this group, please email [dririzarry@chicagocounselingcollective.com](mailto:dririzarry@chicagocounselingcollective.com) and/or [drnarvaez@chicagocounselingcollective.com](mailto:drnarvaez@chicagocounselingcollective.com)

We offer pre-group screenings to answer any questions and discuss how this group might meet your needs.



Co-therapists:  
Dr. Rayna Narvaez and Dr. Nabila Irizarry  
Postdoctoral Fellows

